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| Name: smt.Vijayalakshmi | Reg No: 8-10smmhc18 |
| Age / Sex:59/f | Contact No: |
| Marital Status:married | Date:9/10/18 |
| Occupation:housewife. Studied upto 10th. | Dr. pjfp |
| Address:native of kadiri. | DIAGNOSIS- |

1.Dm since 7-8 years.

Random check as her dad and, ammamma,her sister and younger bro, husband, mother had dm, on aunt also has dm so simply got checked.no other signs and symptoms.

1. Pain in the right arm since 7-8 years. Can’t tcarry small weights also. Sleeps on the painful hand side only. because of pressure feels pain is less. Working while she doesn’t feel the pain.
2. Dust allergy from 37 years. In village stayed fr 10 years there rice husk and all use to create allergy.

Now her symptoms are if she is sleeping on left she feels breathless feels some veil is coming in between then only sweats and feels very uncomfortable.

1. Tinnitus in right ear since 2 years noticed. Vomiting and motion both same time and fainted. Cant hear keeps hearing like waterfall , insects sound in the night. Husband also deaf ( married to mothers brother). Has an implant in the right ear.
2. Feet burning , in te nights when wakes up. Must put on fan. Normally doesn’t put fan on. Only in hot season will put fan on.
3. Cramps on calf got tested vit d and ca deficiency .

f/h:

* Dad : died 8 years – don’t know the age. Had had dm, paralysis, ?prostatitis was on catheter, had some rod in the left leg.
* Mom: died 4-5 years: tb, asthma, dm,
* Mggm: asthma
* Husband: tb,

Past h/o:

* Abortions – 3.
* After that took susten inj fr the 4th then the pregnancy stood.

4th: elder son: 37 years.

5th : son:

6th : daughter.

Tubectomy .

Menopause : had some dub took allo and homoeo then stopped.

Personal h/o:

* Diet: veg, vysyas.
* Regular.
* Crispy must be likes. Likes burnt food.
* Thirsty: force as it is good fr health. Also must go to urine lot many times.
* Motion: now and then mucus motions . offensive .. bowles normal otherwise. 2 / day. No control must go within 5 min.
* Sleeps once wakes doesn’t get sleep. Getting sleep also is difficult.

Mind:

* If silent doenst like must have some tv, newspaper, book. Family says do meditation but it doesn’t happen as she hears these sounds.

Rx:

1. Tuberculinum 1m- weekly doses. – Sunday.morning b/food.
2. Uran nit 30 – 4-0-4.disc30gm bottle.
3. antim tart 30 pills 3 pills evening b/food. 2 dram
4. Lycopodium 200 – 4-0-4. disc
5. Syphilinum 1m – weekly doses – morning b/food – Wednesday
6. Rub 30 – 1 dose night b/food.
7. Merc sol 200 – mucus motions 4 pills sos – 2 dram pills.
8. Carbo veg 30 – 4 pills sos. Breathlessness.
9. Calc phos 1m – one dose stat.

1/12/18: same no betterment.

Rx:

1. Conium 200 – pills 4-4-4. 3 dram.
2. cocculuc 200/thuja200 – 4-0-4 disc
3. kalmia 30+guiacum30+sangunaria200 – 4-4-4-4 disc
4. nux vom 200 – 4 doses – weekly b/food.
5. Sl 60 doses – 1-0-1

20/7/19:

1.mucous stools reduced

2.shoulder pain reuduced

rx:

1.k iod1m+borax200+nat mur200 4-0-4

2.rub1m 30 tab nt b/food

3.bc 25 4-0-4

r/a 1mnth